## The Enigma of Aztec Sacrifice by Michael Harner - Natural History, April 1977 Vol. 86, No. 4, 46-51.

On the morning of November 8, 1519, a small band of bearded, dirty, exhausted Spanish adventurers stood at the edge of a great inland lake in central Mexico, staring in disbelief at the sight before them. Rising from the center of the lake was a magnificent island city, shining chalk white in the early sun. Stretching over the lake were long roads teeming with travelers to and from the metropolis, Tenochtitlán, the capital of the Aztec empire, now known as Mexico City.

The Spaniards, under the command of Hernán Cortés, were tough and ruthless men, numbering fewer than four hundred. Many had been wounded or killed in battles with hostile Indians. Possibly all would have died but for their minuscule cavalry of fifteen horses -- which terrified the Indians, who thought the animals were gods -- and the aid of a small army of Indian allies, enemies of the Aztecs.

The panorama of the Aztec citadel across the water seemed to promise the Spaniards the riches that had eluded them all their lives. For the Spaniards, it was a vision of heaven. Slightly more than a year and half later, in the early summer of 1521, it was a glimpse of hell. Again the Spaniards found themselves on the lakeshore, looking toward the great capital. But this time they had just been driven back from the city by the Aztec army. Sixty-two of their companions had been captured, and Cortés and the other survivors helplessly watched a parade being enacted a mile away across the water on one of the major temple-pyramids of the city. As Bernal Díaz later described it.

"The dismal drum sounded again, accompanied by conches, horns, and trumpet-like instruments. It was a terrifying sound, and when we looked at the tall *cue* [temple-pyramid] from which it came we saw our comrades who had been captured in defeat being dragged up the steps to be sacrificed. When they had hauled them up to a small platform in front of the shrine where they kept their accursed idols we saw them put feathers on the heads of many of them; and then they made them dance with a sort of fan. Then, after they had danced, the *papas* [Aztec priests] laid them down on their backs on some narrow stones and, cutting open their chests, drew out their palpitating hearts which they offered to the idols before them."

Since the sixteenth century, Aztec sacrifice has persisted in puzzling scholars. No human society known to history approached that of the Aztecs in the quantities of people offered as religious sacrifices: 20,000 a year is a common estimate.

A typical anthropological explanation is that the religion of the Aztecs required human sacrifices; that their gods demanded these extravagant, frequent offerings. This explanation fails to suggest why that particular form of religion should have evolved when and where it did. I suggest that the Aztec sacrifices, and the cultural patterns surrounding them, were a natural result of distinctive ecological circumstances.

In the huge Andean Inca empire, the other major civilization in the New World at the time of the conquest, annual human sacrifices apparently amounted to a few hundred at most. Among the Aztecs, the numbers were incomparably greater. The commonly mentioned figure of 20,000, however, is unreliable. For example, one sixteenth-century account states that 20,000 were sacrificed yearly in the capital city alone, another reports this as 20,000 infants, and a third claims the same number as being slaughtered throughout the Aztec empire on a single particular day. The most famous specific sacrifice took place in 1487 at the dedication of the main pyramid in Tenochtitlán. Here, too, figures vary: one source states 20,000, another 72,344, and several give 80,400.

Evidence of Aztec cannibalism has been largely ignored or consciously or unconsciously covered up. For example, the major twentieth-century books on the Aztecs barely mention it; others bypass the subject completely.

The overwhelming majority of the sacrificed captives apparently were consumed. A principal -- and sometimes only -- objective of Aztec war expeditions was to capture prisoners for sacrifice. While some might be sacrificed and eaten on the field of battle, most were taken to home communities or to the capital, where they were kept in wooden cages to be fattened until sacrificed by the priests at the temple-pyramids. Most of the sacrifices involved tearing out the heart, offering it to the sun and, with some blood, also to the idols. The corpse was then tumbled down the steps of the pyramid and carried off to be butchered. The head went on the local skull rack, displayed in central plazas alongside the temple-pyramids. At least three of the limbs were the property of the captor if he had seized the prisoner without assistance in battle. Later, at a feast given at the captor's quarters, the central dish was a stew of tomatoes, peppers, and the limbs of his victim. The remaining torso, in Tenochtitlán at least, went to the royal zoo where it was used to feed carnivorous mammals, birds, and snakes.

Through cannibalism, the Aztecs appear to have been attempting to reduce very particular nutritional deficiencies. Under the conditions of high population pressure and a rigid class system that characterized the Aztec state, commoners or lower-class persons rarely had the opportunity to eat any meat, even the domesticated turkey, except on great occasions. They often had to content themselves with such creatures as worms and snakes and an edible lake-surface scum called "stone dung," which may have been algae fostered by pollution from Tenochtitlán. In contrast to the commoners, the Aztec elite normally had a diet enriched by meat imported from the far reaches of the empire where species had not been so depleted. But even nobles could suffer from famines and sometimes had to sell their children into slavery in order to survive. Not surprisingly, the Aztec elite apparently reserved for themselves the right to eat human flesh, and conveniently, times of famine meant that the gods demanded appeasement through many human sacrifices.

With an understanding of the importance of cannibalism in Aztec culture, and of the ecological reasons for its existence, some of the Aztecs' more distinctive institutions begin to make anthropological sense. For example, the old question of whether the Aztecs' political structure was or was not an "empire" can be reexamined. One part of this problem is that the Aztecs frequently withdrew from conquered territory without establishing administrative centers or garrisons. This "failure" to consolidate conquest in the Old World fashion puzzled Cortés, who asked Moctezuma to explain why he allowed the surrounded Tlaxcalans to maintain their independence. Moctezuma reportedly replied that his people could thus obtain captives for sacrifice. Since the Aztecs did not normally eat people of their own society, which would have been socially and politically disruptive, they needed nearby "enemy" populations on whom they could prey for captives. This behavior makes sense in terms of Aztec cannibalism: from the Aztec point of view, the Tlaxcalan state was preserved as a stockyard. The Aztecs were unique among the world's states in having a cannibal empire. Understandably, they did not conform to Old World concepts of empire.

Cannibalism encouraged the definition of the gods as eaters of human flesh and led almost inevitably to emphasis on fierce, ravenous, and carnivorous gods, such as the jaguar and the serpent.. Pre-Columbian populations could, in turn, rationalize the more grisly aspects of large-scale cannibalism as consequences of the gods' demands. Even small touches, such as the steepness of the steps on pyramids in Aztec and other Mesoamerican ruins, become understandable given the need for efficiently tumbling the bodies from the sacrificial altars to the multitudes below. Perhaps those prehistoric scenes were not too dissimilar from that which Bernal Díaz described when his companions were sacrificed before his eyes in Tenochtitlán:

"Then they kicked the bodies down the steps, and the Indian butchers who were waiting below cut off their arms and legs and flayed their faces, which they afterwards prepared like glove leather, with their beards on, and kept for their drunken festivals. Then they ate their flesh with a sauce of peppers and tomatoes."

Gruesome as these practices may seem, an ecological perspective and population pressure theory render the Aztec emphasis on human sacrifice acceptable as a natural and rational response to the material conditions of their existence. In *Tristes Tropiques*, the French anthropologist Claude Levi-Strauss described the Aztecs as suffering from "a maniacal obsession with blood and torture." A materialist ecological approach reveals the Aztecs to be neither irrational nor mentally ill, but merely human beings who, faced with unusual survival problems, responded with unusual behavior.